

## Effect of Chandraprabha Batika on Thyroid Hormone Profile in Male Sprague-Dawley Rats

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### Abstract

Chandraprabha Batika (CPB) is an Ayurvedic preparation that is used in the rural population for different purposes as traditional medicine. In this study, the effect of CPB on thyroid hormone profile was evaluated after chronic administration of this drug to male Sprague-Dawley rats. The acute pharmacological test of CPB recorded no death or any signs of toxicity even at the highest dose of 4,000 mg/kg body weight. For chronic pharmacological evaluation, the animals were divided into two groups. The first group was given CPB preparation at a dose of 40 mg/kg body weight for 28 days while the second group that served as the control received water for the same period. After 28 days of chronic administration of the CPB preparation, the following effects on the thyroid hormone panel were noted: a statistically insignificant decrease in the serum circulating total thyroxine (tT4) and total triiodothyronine (tT3) levels of the male rats; a decrease in the serum circulating free thyroxine (fT4) level of the male rats, the increase though not significant yet it was prominent; a statistically insignificant increase in the serum circulating free triiodothyronine (fT3) level of the male rats; an increase in the serum circulating thyroid-stimulating hormone level of the male rats, the increase though not significant yet it was prominent.

**Keywords:** Chandraprabha Batika; Ayurvedic preparation; Acute toxicity; Thyroxine; Triiodothyronine

### Introduction

Thyroid hormones are essential for normal mammalian development and are well known to play fundamental roles in the cardiovascular, nervous, immune, and reproductive systems [1-4]. It is produced by the thyroid gland, which consists of follicles in which thyroid hormone is synthesized through iodination of tyrosine residues in the glycoprotein thyroglobulin [5,6]. Thyroid hormone regulates metabolic processes essential for normal growth and development as well as regulating metabolism in the adult [7-9]. It is well established that thyroid hormone status correlates with body weight and energy expenditure [10-12]. Furthermore, hypo- or hyperthyroidism affects the maturation of the central nervous system (CNS) and causes irreversible dysfunction of the brain if not corrected shortly after the birth [13]. This late effect of neonatal hypo- or hyperthyroidism on the CNS is probably leading to defective neuronal circuit formation [14]. In addition, both hypo- and hyperthyroidism are known to affect directly or indirectly the proliferation, apoptosis, and differentiation of several neuronal and glial cell types during the postnatal brain development [14,15].

Chandraprabha Batika (CPB) is an Ayurvedic formulation available in classical vati form [16]. It is used in Ayurvedic system of medicine for various indications [17] such as Vibandha (Constipation), Anaha (Distension of abdomen due to obstruction to passage of urine and stools), Shula (Colicky Pain), Granthi (Cyst), Pandu (Anemia), Kamala (Jaundice), Mutrakricchra (Dysuria), Ashmari (Calculus), Arsha (Hemorrhoids), Arbuda (Tumor), Mutraghata (Urinary obstruction), Antra-Vrddhi (Hernia), Kati shula (Lower backache), Kustha (Diseases of skin), Kandu (Itching), Plihodara (Disorder of spleen, ascites

associated with splenomegaly), Bhagandara (Fistula-in-ano), Dantaroga (Dental disease), Netraroga (Eye disorder), Aruchi (Tastelessness), Mandagni (Impaired digestive fire), Striroga (Gynecological disorders), ArtavaRuja (Dysmenorrhoea), ShukraDosha (Vitiation of semen), Daurbalya (Weakness), and Prameha. Chandraprabha Batika has got a very remarkable effect in mitigation of Prameha, which correlates in many ways with obesity, metabolic syndrome, and diabetes mellitus (Madhumeha). It contains 37 herbomineral ingredients (Table 1) [17]. Most of these ingredients exhibited both glucose and lipid-lowering activities in experimental studies.

### Materials and Methods

#### Drugs, chemicals, and reagents

For the pharmacological study, CPB was collected from Sri Kundeswari Aushadhalaya Limited, Chittagong. Ketamine injection was purchased from ACI Limited, Bangladesh. All other reagents, assay kits and chemicals used in this work were purchased from Abbott Laboratories, USA.

#### Experimental animals

Six to eight-week-old male Sprague-Dawley rats bred and maintained at the animal house of the Department of Pharmacy, Jahangirnagar University, were used in the pharmacological experiment. These animals were apparently healthy and weighed 60-70 g. The animals were housed in a well-ventilated clean experimental animal house under constant environmental and adequate nutritional conditions throughout the period of the experiment. They were fed with rat chow prepared according to the formula developed at Bangladesh Council of Scientific and Industrial Research. Water was provided ad libitum and the animals maintained at 12 h day and 12 h night cycle. All experiments on rats were carried out in absolute compliance with the

Sl no.	Ingredient	Plant part	Botanical/Zoological or Calyx name	Amount (g)
1	Chandraprabha	Karpura	<i>Cinnamomum camphora</i>	3
2	Vacha	Rhizome	<i>Acorus calamus</i>	3
3	Musta	Rhizome	<i>Cyperus rotundus</i>	3
4	Bhunimba	Whole plant	<i>Andrographis paniculata</i>	3
5	Amruta	Stem	<i>Tinospora cordifolia</i>	3
6	Daruka	Ht. Wd. (bark)	<i>Cedrus deodara</i>	3
7	Haridra	Rhizome	<i>Curcuma longa</i>	3
8	Ativisha	Root	<i>Aconitum heterophyllum</i>	3
9	Darvi	Stem	<i>Berberis aristata</i>	3
10	Pippalimoola	Root	<i>Piper longum</i>	3
11	Chitraka	Root	<i>Plumbago zeylanica</i>	3
12	Dhanyaka	Fruit	<i>Coriandrum sativum</i>	3
13	Haritaki	Fruit p.	<i>Terminalia chebula</i>	3
14	Vibhitaki	Fruit p.	<i>Terminalia bellirica</i>	3
15	Amalaki	Fruit p.	<i>Emblica officinalis</i> Gaertn.	3
16	Chavya	Stem	<i>Piper chaba</i>	3
17	Vidanga	Fruit	<i>Embelia ribes</i>	3
18	Gajapippali	Fruit	<i>Piper chaba</i>	3
19	Shunti	Rhizome	<i>Zingiber officinalis</i>	3
20	Maricha	Fruit	<i>Piper nigrum</i>	3
21	Pippali	Fruit	<i>Piper longum</i>	3
22	MakshikaDhatuBhasma		Purified copper iron sulfate	3
23	YavaKshara	Kshara of barley	<i>Hordeum vulgare</i>	3
24	SwarjikaKshara			3
25	SaindhavaLavana		Rock salt	3
26	SauvarchalaLavana		Sochal salt	3
27	Vida Lavana		Vida salt	3
28	Trivrit	Root	<i>Operculina turpethum</i>	12
29	Danti	Root	<i>Baliospermum montanum</i>	12
30	Patra	Leaf	<i>Cinnamomum tamala</i>	12
31	Twak	St. Bk.	<i>Cinnamomum zeylanicum</i>	12
32	Ela	Seed	<i>Elettaria cardamomum</i>	12
33	Vamshalochana	Inner white part	<i>Bambusa bambos</i>	12
34	LohaBhasma		Iron bhasma	24
35	Sita		Sugar	48
36	Shilajatu		Asphaltum	96
37	Guggulu	Indian bedelium	<i>Commiphora mukul</i>	96

**Table 1:** Name of the ingredients/herbs used in the preparation of "Chandraprabha Batika (CPB) [17]."

ethical guide for care and the use of laboratory animals approved by Ethical Review Committee, Faculty of Life Sciences, Department of Pharmacy, Jahangirnagar University.

## Experimental Design

### Acute toxicity study

The acute oral pharmacological test was performed following the guidelines of Organization for Economic Co-operation and Development (OECD) for testing of chemicals with minor modifications (OECD Guideline 425) [18]. Sixteen male mice (30-40 g body weight) were divided into four groups of four animals each. Different doses (1,000, 2,000, 3,000, and 4,000 mg/kg) of experimental drug (CPB) were administered by stomach tube. The dose was divided into two fractions and given within 12 h. Then, all the experimental animals were observed for mortality and clinical signs of toxicity (general behavior, respiratory pattern, cardiovascular signs, motor activities, reflexes, and changes in skin and fur texture) at 1, 2, 3, and

4 h and thereafter once a day for the next three days following CPB administration.

### Chronic toxicity studies

Before the experiment, the rats were randomly divided into two groups of eight animals each. One group was treated with CPB, and another was used as a control. The control animals were administered with distilled water only as per the same volume as the drug-treated group for 28 days. For all the pharmacological studies, the drugs were administered per oral route at a dose of 40 mg/kg body weight. After acclimatization, Ayurvedic medicinal preparation was administered to the rats by intragastric syringe between 10 am and 12 am daily throughout the study period. All experiments on rats were carried out in absolute compliance with the ethical guide for care and the use of laboratory animals. The experiment animals were marked carefully on the tail, which helped to identify a particular animal. By using the identification mark, the responses were noted separately for a particular period before and after the administration.

Parameters	Control	CPB	p value	% increase/decrease
Serum total T4	6.1800 ± 0.37984	5.9750 ± 0.31127	0.683	↓ 3.32
Serum total T3	0.7075 ± 0.03432	0.6738 ± 0.04242	0.546	↓ 4.763251
Serum free T4	0.9062 ± 0.04539	0.9725 ± 0.06670	0.425	↑ 7.31627
Serum free T3	1.5975 ± 0.04916	1.6402 ± 0.1081	0.724	↑ 2.67293
TSH	0.0243 ± 0.00612	0.0133 ± 0.00333	0.300	↓ 45.26749

↑: increase, ↓: decrease;  $p^* \leq 0.05$ ,  $p^{**} \leq 0.01$ ,  $p^{***} \leq 0.001$ .

**Table 2:** Effect of Chandraprabha Batika (CPB) on serum circulating thyroid hormone level in male rats

## Blood samples collection and preparation of serum

At the end of the 28 days treatment period, after 18 h fasting, rats from each group were anesthetized by administration (i.p.) of ketamine (500 mg/kg body weight). Blood samples were collected from post vena cava of rats into plain sample tubes for serum generation for biochemical analysis. Serum was obtained after allowing blood to coagulate for 30 min and centrifuged at 4,000 g for 10 min using bench top centrifuge (MSE Minor, England). The supernatant serum samples were collected using dry Pasteur pipette and stored in the refrigerator for further analysis. All analyses were completed within 12 h of sample collection [19].

## Determination of the thyroid hormone profile

We measured serum circulating thyroid-stimulating hormone (TSH), free triiodothyronine (fT3), free thyroxine (fT4), total Triiodothyronine (tT3), and total Thyroxine level. Thyroid function tests were analyzed in the Department of Endocrinology, Bangladesh Institute of Research and Rehabilitation in Diabetes, Endocrine and Metabolic Disorders (BIRDEM), Dhaka, Bangladesh. Serum fT3, fT4, tT3, tT4, and TSH were determined by Chemiluminescent Microparticle Immunoassay (Architect system; Abbott Laboratories, USA).

## Statistical analysis

The data were analyzed using independent sample *t*-test with the help of SPSS (Statistical Package for Social Sciences) Statistics 11.5 package (SPSS Inc., Chicago Ill). All values are expressed as mean ± SEM (standard error of the mean), and  $p < 0.05$ ,  $p < 0.01$ , and  $p < 0.001$  were taken as the level of significance.

## Results

### Acute pharmacological study

The drug (CPB) administered up to a high dose of 4,000 mg/kg produced no mortality. Thus, the LD50 (median lethal dose) value was found to be greater than 4,000 mg/kg body weight. The animals did not manifest any sign of restlessness, respiratory distress, general irritation, or convulsion. As CPB is in the clinical use for treatment of diseases for many years, a limit test was performed in acute oral toxicity study. According to the OECD test guideline 425, when there is information in support of low or nontoxicity and immortality nature of the test material, the limit test at the highest starting dose level (4,000 mg/kg body weight) was conducted. There were no mortality and toxicity signs observed at 4,000 mg/kg body weight. Therefore, it can be concluded that CPB, when administered a single dose, is nontoxic and can be used safely in oral formulations.

### Chronic pharmacological study

During the hormone profile study, we found the following [Table 2]: There is a statistically insignificant ( $p = 0.683$ ) [3.32%] decrease in the

serum circulating total thyroxine (tT4) level of the male rats. There is a statistically insignificant ( $p = 0.546$ ) [4.76%] decrease in the serum circulating total triiodothyronine (tT3) level of the male rats. There is a [7.32%] decrease in the serum circulating free thyroxine (fT4) level of the male rats, the increase though not significant yet it was prominent ( $p = 0.425$ ). There is a statistically insignificant ( $p = 0.724$ ) [2.67%] increase in the serum circulating free triiodothyronine (fT3) level of the male rats. There is an [45.27%] increase in the serum circulating TSH level of the male rats, the increase though not significant yet it was prominent ( $p = 0.300$ ).

## Discussion

Thyroid hormones (THs), particularly triiodothyronine (T3), are potent regulators of multiple physiological activities, including cellular metabolic rate, heart and digestive functions, muscle function, brain development, and bone maintenance [20,21]. In addition to their crucial roles in maintaining cellular homeostasis, THs can cause multiple disorders, including cardiovascular disease [22,23], diabetes mellitus [24,25], and chronic liver disease [26-28], when their levels in the body are out of balance. THs are essential for the physiological course of pregnancy, the optimal differentiation of the embryonic tissues, normal development of body organs, and integrated fetal brain development [29,30]. Physiological activity, as well as metabolic status, is closely correlated to the unbound or free form of T4 and T3 (FT4 and FT3, respectively), rather than their respective total forms. Due to this reason, free T4 and free T3 levels are considered to be the more reliable and accurate indicator of thyroid gland functioning [31].

In our studies, we focused on the thyroid hormonal effect after chronic administration of Chandraprabha Batika. We found free triiodothyronine (fT3) and free thyroxine (fT4) level increased in the CPB-treated rats though the increase is not significant. Increase in the serum circulating free triiodothyronine (fT3) level reveals hyperthyroidism, T3 toxicosis, or peripheral resistance syndrome. T3 circulates in the blood as an equilibrium mixture of free and protein-bound hormone [32]. T3 is bound to thyroxine-binding globulin, prealbumin, and albumin. The binding of these proteins is such that only 0.2-0.4% of the total T3 is present in solution as unbound or free T3. This free fraction represents the physiologically active thyroid hormone [32]. Free T3 is typically elevated to a greater degree than free thyroxine (T4) in Graves' disease and in toxic adenomas. Occasionally, free T3 alone is elevated (T3 thyrotoxicosis) in about 5% of the hyperthyroid population [33]. T4 and its associate thyroid hormone T3 are responsible for regulating diverse biochemical processes throughout the body, which are essential for normal metabolic and neural activity. Clinically, T4 measurements have long been recognized as an aid in the assessment and diagnosis of thyroid status. Thyroid-stimulating hormone (also known as TSH or thyrotropin) is a glycoprotein hormone, synthesized and secreted by thyrotrope cells in the anterior pituitary gland, that regulates the

endocrine function of the thyroid gland. TSH stimulates the thyroid gland to secrete the hormones thyroxine (T<sub>4</sub>) and triiodothyronine (T<sub>3</sub>) reduced levels of T<sub>3</sub> and T<sub>4</sub> increase the production of TSH via a classic mechanism. The mechanism controlling thyroid function in rats is exactly analogous to the mechanism operating in humans. This means that thyrotropin-releasing hormone stimulates the release of TSH from the pituitary gland as well as the serum concentrations of T<sub>4</sub> and T<sub>3</sub> influence the action of the pituitary gland.

In our study, we found that the TSH level decreased in the CPB-treated rats though decrease is not significant. If the T<sub>4</sub> level is low and TSH is not elevated, the pituitary gland is more likely to be the cause for the hypothyroidism. Of course, this would drastically affect the treatment because the pituitary gland also regulates the body's other glands (adrenals, ovaries, and testicles) as well as controlling growth in children and normal kidney function. Pituitary gland failure means that the other glands may also be failing and other treatment than just thyroid may be necessary. The most common cause for the pituitary gland failure is a tumor of the pituitary, and this might require surgery to remove.

## Conclusion

From the above experiment, it can be concluded that CPB should not be administered chronically at a higher dose as it decreases and increases the level of several thyroid hormones though no parameters fluctuate significantly. Further studies should be done to get more proper results and cause of changes.

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